Dear Parents and Community Members,

We have had a wonderful start to our last term for 2014. Both staff and students came back feeling very refreshed and full of enthusiasm for a jam packed eleven weeks. During the term students will participate in puppet making and a puppet show; the excursion to the Blue Mountains, a visit to see Snake Tails, the school swimming program, SAKG days and Active After School Sports.

The Year 6 students will participate in a transition camp to Cooba, visit the High School with age cohorts from the small schools and then also enjoy another visit with cohorts from across the entire Monaro.

Thank you...

We would like to thank Madeleine and Graeme for their generosity in whipper snipping around the external perimeter of the garden, thus reducing visits from our slithering friends. Thank you also to Jo N. for providing Monday Munchies this week. The new roster can be found towards the back of this newsletter.

**STATE ATHLETICS TEAM**

Congratulations to Jack, Alec, Luca and Tallis who represented our school, district and region at the State Athletics Carnival at Homebush yesterday. The boys ran their personal best against a very competitive field.
SUPERVISION
This is an age old issue! There is no formal supervision provided at the school until 8.30 am. During the end of last term and the last two weeks we have noticed that children are still coming to school from 8.00 onwards. THERE WILL BE NO FORMAL SUPERVISION UNTIL 8.30am unless an alternative arrangement has been made with the school.

SAKG DAY
Our first SAKG kitchen /garden day will be held on Friday 24th October. Please see the attached note and menu.

ACTIVE AFTER SCHOOL SPORTS TERM 3
Once again this term the students will participate in the free, federally funded Active After-School Communities (AASC) program. Badminton and Cricket will be run by Stuart Woods for seven weeks. It has been difficult to organise a time to ensure maximum participation. So we will commence the program in week 4 and we are trying to organise Thursday afternoons (2 weeks after school from 3.00 - 4.00) and Friday afternoons during sports time. A healthy afternoon tea is provided to all participants. These FREE activities encourage participation and cooperation, with a focus on them being fun and safe, ensuring everyone can achieve. All coaches are trained and registered with the Australian Sports Commission (ASC) and have a working with children check. Please complete the attached notes and return to school by Friday 24th October.

Until next fortnight,
Regards
Jo

UPCOMING EVENTS
October
20 P&C meeting
21 Water Week Yr 3 & 4
24 SAKG day
27 Yr 6 Transition Day
30-31 Cooba Yr 6 Camp
31 Snake tails – K-Yr 4

Year 6 Transition Process/Events
Important dates for your calendar
October
27 Small schools Yr 6 students visit Monaro High School 9.00 - 11.30
30-31 Yr 6 Cooba Transition Camp

December
3 Year 6 Transition - full day at MHS
  Parent information evening 6-7pm
Thought for the Fortnight
Challenges can be stepping stones or stumbling blocks. It’s just a matter of how you view them.

MONDAY MUNCHIES ROSTER
20 October Swain
27 October Boucher
3 November Schofield
10 November Jauncey
17 November Barnes
24 November Barron
1 December Meloni
8 December Miners

LIBRARY NEWS

Missing Books
During the last 2 weeks a stocktake has been undertaken in the Library. There are quite a few missing books. Books that have been borrowed on the system are not listed as missing so the listed ones have gone from the Library without being recorded anywhere. Could you please have a really good look at home and see if you can find any to return to us? Some of them are quite new so it is sad that they are lost so soon. A list of the missing books is attached.

There are some new picture books, novels and horse stories in the Library. There will be more new books next week. Keep putting in those requests!

Happy Reading
Thank you,
Fiona W

COMMUNITY NEWS

WHAT’S ON IN THE REGION?

Cooma Colts Oztag
Oztag will be running every Thursday, 4.30pm to 5.30pm at the Nijong oval. All kids will be put into teams and have a fun game of Oztag. The cost is $10 per person this is run for Kindy to Year 6.
If you have a child starting school next year they can also join a team, a great way to meet new kids. We hope to see you there.

Folk Festival
Help needed at the 2015 Festival, including the bar. Anyone behind the bar MUST have a
current RSA certificate. Note that NDAI will refund a pro-rata amount of the training fees following your assistance at the Festival if you request it.

**Cooma Library**

**Festival of the Snows Photographic Display**
17th to 31st October to coincide with the Snowy Mountains Scheme 65th Reunion.

**Friday 17th to Monday 20th**

**Snowy Mountains Scheme 65th Reunion** –
Over 400 ex Snowy workers & their families return to Cooma for 4 days. Celebrations include an official Reunion Dinner, day tours to Snowy Scheme areas, photographic displays and so much more (Contact 6455 1742)

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**Saturday 18th**

**Steer Riding Clinic** – Cooma Showground, 9am, all levels welcome (Contact 0413 609 880)

**Annual Cake Decorating Day** – Cooma Country & Bowlers Club, 9.30am (Contact 6452 1425)

**Cooma Field & Game “Have A Go At Clay Shooting”** – Middlingbank Road, 10am (Mob 0413 013 689)

**Sunday 19th**

**Rotary High Country Markets** – Centennial Park, Cooma, hosted by Cooma Rotary Club, a special market day with lots of extra activities, see below (Contact 0437 601 350)

**Live Music in the Park** – Centennial Park, Cooma, 10.30am, featuring Jay Podger, Mikelangelo & the Black Sea Gentlemen & Cooma Harmony Choir, celebrating the Snowy Scheme 65th Reunion with songs of the Snowy, free (Contact Ph: 6455 1743)

**Family Fun Day** – Centennial Park in conjunction with the Rotary Markets, including Circus Dogs from Melbourne & cute baby contest (Contact 0437 601 350)

**Cooma Creek Duck Race** – Commissioner Street causeway, 12noon, “ducks” available at the Cooma Visitors Centre, Fabric Salon, Leading Edge Electronics and Rotary Markets for $5, with proceeds going to Community Chest (Contact 0437 601 350)

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**Business Workshops**

Monday 27 October, 8:45am - 3:15pm
Tuesday 28 October, 8:45am - 12:15pm and 12:45pm - 4:30pm

FREE Destination NSW Industry Workshops are coming to the Snowy Mountain. These workshops will provide great information including marketing your business, product development, how to access grant funding and much more.

Location: Rydges Horizons in Jindabyne.

For more information and to register go to: 
Songs of the Snowy Mountains Songbook Launch, Alpine Hotel, 2pm, live music by contemporary Settlers Band with guest appearances by two original Settlers, Anne Rutherford and Paul Davey (Contact www.songsofthesnowy.com.au)

Healthy Eating Tip

The simplest way
...to add fruit and veg to brekky

Try our winning breakfast ideas at home:

- Serve your toast with a sliced avocado and/or tomato
- Create a breakfast pizza with a wholegrain muffin, mashed pumpkin, chopped vegies and melted cheese
- Blend bananas and frozen raspberries with a handful of baby spinach, add a cup of reduced fat milk, honey and unprocessed bran for a fruit smoothie
- Simply slice some banana or strawberries onto your regular breakfast cereal

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

REGISTER NOW - Town Challenge

Shed some kilos, walk more, sit less, eat more vegies and be part of the Cooma Get Healthy Challenge. Cooma is competing against 4 other towns in the NSW Healthy Town Challenge to win $5,000 towards the development of a new children’s playground and walking track in Cooma.

Participants receive FREE access to a range of activities including:

- Green Gym Exercise & Nutrition Sessions
- Hula hooping classes
- GoGo dancing
- Workshops on how to build a vegie garden
- Foodcents Supermarket tours
- 10,000 steps challenge
- Heart Foundation Walking Groups
- HEAL programs
- Upload photos on Facebook - Cooma Get Healthy NSW Town challenge

Register via the Get Healthy Service between 1st – 15th November 2014 by calling 1300 806 258 or send an email to natania.copp@gsahs.health.nsw.gov.au for more information.

*Must be 18+ to register and live in postcode 2630

NSW Government
Southern NSW Local Health District
PLEASE RETURN TO SCHOOL WITH YOUR NEWSLETTER FOLDER

I/ We have read the Week 2 Newsletter

Signed:

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